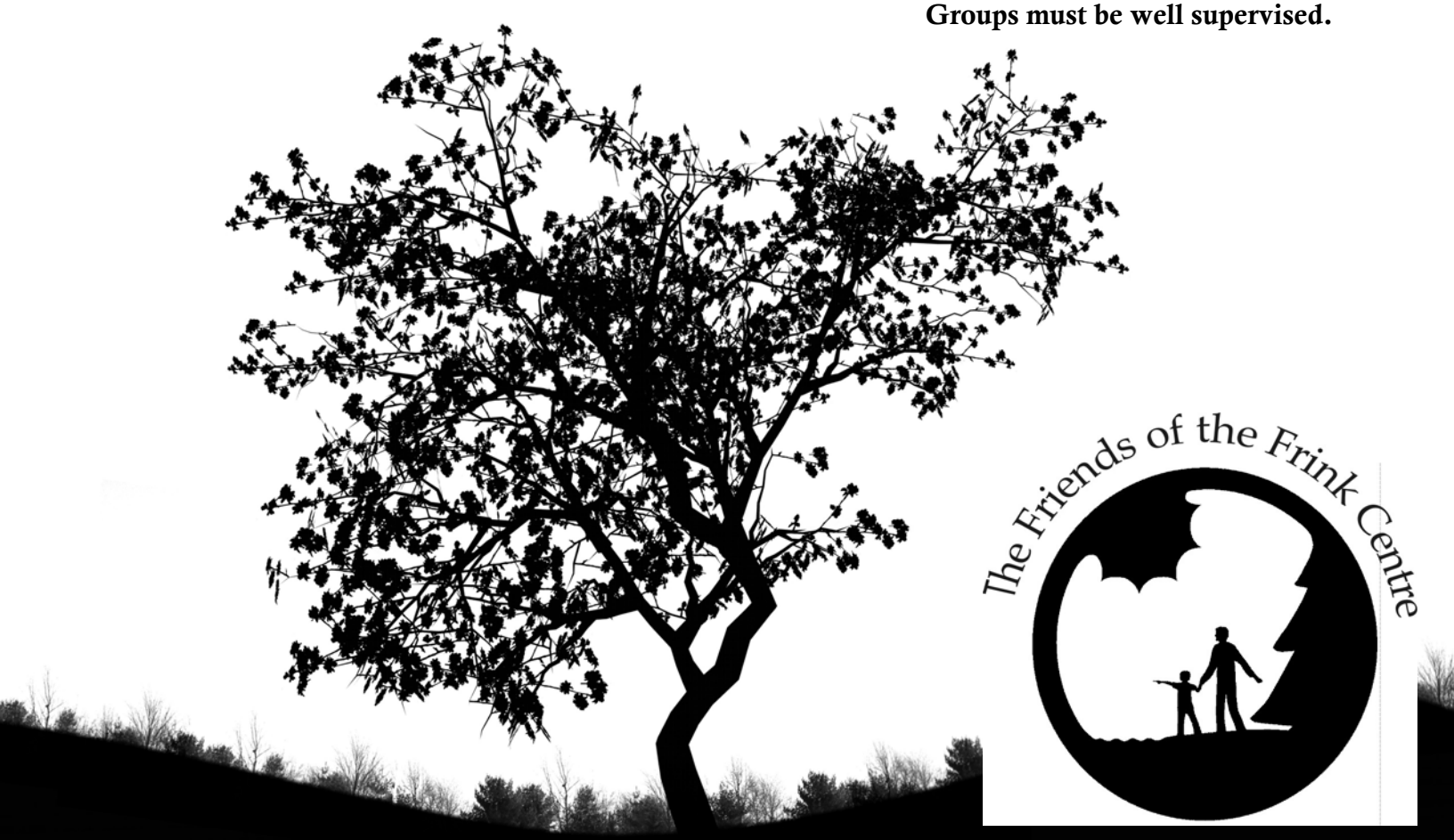
Design Your Own Day at the Frink Centre:

Adventure Team-Building and Outdoor Skills Program (age 12 and over):

Snowshoes, maps, compasses and low risk team-building equipment and structures are available at the Centre. Programs can be tailored to meet the needs of your group.

(½ day or a full day.)

Skills that can be acquired from this course are:
* Trust
* Communication
* Leadership
* Dynamic team thinking
* Outdoor Cooking
* Snowshoeing
* Nature Interpretation
* Using Map & Compass

Cost is $6.00 per child for a day or $3.00 per child for a ½ day for any of the above activities, with a minimum cost per group of $150 for full day, $75 for ½ day.

Groups must be well supervised.