

DRUMLIN: 2.2km

This trail takes you around the major Drumlin of the Frink Centre, through a deciduous forest community where one can see the gradual replacement of Poplar as a dominant species by Maple, Beech, and Hemlock. A silver Maple swamp stretches out along the SE side of the hill and the Moira River flows along the NW side. The Drumlin Trail connects with the Hi-Lo self-interpretive trail, the Riverside Trail and the Quill. The amount of Maple trees along the drumlin trail made it an excellent location for the Sugar Shanty.

RIVERSIDE: 800m

This trail runs along the shore of the Moira River. It is usually only accessible in late spring, summer and early fall.

The Riverside Trail demonstrates the riparian zone where water meets land. This is a great place to go with a set of binoculars and a camera. The Moira River is broad and flows slowly along this section. Look for several Wood Duck nesting boxes mounted on trees close to shore and several interpretive signs along the stretch between the Hi-Lo Trail and the canoe site.

HI-LO: 900m

The Hi-Lo starts at the portables and ends at the Drumlin or Riverside Trails. The Hi-Lo takes you through several different communities: succession field, swampy area of primarily shrubs, over a small drumlin, through a Silver Maple swamp, over the main drumlin and along the Riverside trail (during late spring, summer and early fall when water levels are fairly low).

It is a self-interpretive trail with numerous signs which interpret the ecology of the different areas along the trail.

A tire bridge, campsite and picnic shelter are located along this trail.

PINE: 220 m

This is short trail that takes you from the portables through a succession field to the campsite. It meets up with the Hi-Lo. The area along this trail is a favoured habitat of rabbits, hare, grouse and predators of these animals.

QUILL: 650 m

The Quill trail takes you along the northwest side of the smaller drumlin. This is a good trail to study both a coniferous stand of White Cedars, Fir and a primarily deciduous forest; look for evidence of porcupines, squirrels, raccoons, woodpeckers, and owls. This trail starts from the Drumlin and ends at Hi-Lo.

PIXIE: 475m

The Pixie trail starts at the Quill and ends at the Hi-Lo trail. The Pixie trail takes you through a dense stand of White Cedar and mixed forest. This is an interesting trail that is short and covers a good range of habitats.

SETTLER'S: 1km

The Settler's trail starts and ends at the Hi-Lo trail. The trail takes you through succession fields and mixed forest. To the north is a swamp created when Park's Creek floods. This trail bears remainders of bygone days (rail and stone fences, wagon wheels and a stone arch used for syrup making). Evidence of deers, coyotes, porcupine and weasels may be spotted along this trail. There are several nesting boxes along this trail. This is also one of the best trails for early spring flowers.

POND: 300 m

The Pond trail starts at the south parking lot and ends at the beaver pond. It takes you through a succession field and a large beaver pond. Binoculars are a must! Many nesting waterfowl, numerous species of reptiles and amphibians, muskrats, beavers and mink live here. The great diversity of flora and fauna makes this an exiting spot for visitors of all ages.

Up until recently, only the edge of the Beaver Pond was part of the conservation area. Now the major portion of the wetland is part of the Frink Centre.

The pond trail joins up with the Beaver Trail, the Wetland Ecology Boardwalk, the Horsetail and the Boundary Trails.

BEAVER TRAIL: 200 m

The Beaver trail begins along the pond trail and ends at the Beaver Dam. It takes you along an old stone fence and to the beaver dam. A boardwalk constructed by the "Friends of the Frink Centre" extends out onto the marsh offering visitors the opportunity to see some of the beavers' work and the diversity of life the beaver pond supports.

WETLAND ECOLOGY BOARDWALK: 500m

This is a "Friends of the Frink Centre" project which connects the Boundary Trail and the West Succession fields. Interpretive signs along the 500 m of boardwalk outline the ecology and life of the wetland.

The Wetland ecology Boardwalk is accessed from the Pond and Link Trails at the east end and the Cedar Trail from the west.